

Christoph Papke

as having successfully completed the course:

Oxygen Advantage® Advanced Instructor Training

80 hours of study to include:

- Respiratory physiology and application
- Theory and application of breathing exercises to improve buffering capacity
- Practical application of breathing exercises- functional breathing (biochemical, biomechanical during rest and exercise)
- Functional breathing- biomechanical, biochemical, resonance frequency



Patrick McKeown – Director of Education & Training

Oxygen Research Institute Ltd.

Loughwell, Moycullen

Co. Galway

Ireland

April 16, 2021

Date

Patrick McKeown